



10 Days 60 Participants 4 Countries    

From 26.05.2023 - 04.06.2023  Regensburg Germany



Co-funded by the  
Erasmus+ Programme  
of the European Union



JUGEND  
für Europa



## PICTURE OF ENVIRONMENT



### YOUTH EXCHANGE REGENSBURG, GERMANY

**PLACE AND DATE:** 26 MAY -4 JUNE, REGENSBURG, GERMANY

**PARTICIPANTS:** 60 people (12 youth + 3 group leaders from each country)

**COUNTRY:** Partner countries will be from **Germany, Turkey, Lithuania and Romania.**

**LANGUAGE:** The working language will be English.



# SUMMARY



Many young people in Europe today tend to prefer living in cities, often without much exposure to natural environments. However, it is crucial to encourage and inspire them to explore the beautiful natural countryside of Europe, and to learn about important topics such as natural conservation, ecology, sustainable development, and protection of the environment. To achieve this, we are seeking activities that will engage and motivate young people to travel to outdoor spaces in Europe, and to become advocates for the preservation of these spaces.

Through the use of photography, we aim to give young people a sense of ownership and connection to their rural surroundings, and provide them with a reason to spend more time outdoors. Photography is a powerful tool that enables youngsters to take great pictures, share them easily, and raise awareness of important environmental issues. By teaching them photography skills in the stunning countryside of their host country, we hope to inspire them to become passionate about protecting nature and motivated to take action against environmental threats, such as littering or dumping waste in areas of natural beauty.

The specific objectives of the Youth Exchange program include stimulating young people's creativity and activity through innovative photography techniques, promoting photography as a means of protecting the environment and developing skills useful for professional development, fostering a shared understanding of the natural environment and culture among participants from different European countries, and building a strong sense of environmental awareness among young people.



## ACTIVITIES AND METHODS



### Working Methods

During the Youth Exchange program, participants will have the opportunity to attend informative lectures on environmental issues and photography, followed by interactive discussions with the facilitators to ensure that everyone has a chance to express their thoughts and ideas. Various non-formal educational methods, such as experiential learning, role-plays, and open space workshops, will also be employed to enhance the learning experience.

The fieldwork component will involve dividing participants into groups to explore different areas of the natural surroundings and apply their photographic skills. In dedicated workshops, participants will learn how to turn their photos into an effective campaign for environmental protection, using creative messaging to engage with the local community. Through this process, participants will gain a sense of accomplishment and motivation, while also developing their personal growth and taking responsibility for their own photography projects.

On the final day of the program, participants will receive information about the Erasmus+ program and have the opportunity to plan their own activities related to the program's themes. Overall, the Youth Exchange aims to inspire and empower young people to protect the environment and develop their professional and personal skills through photography.

## Who can participate in the youth exchange?



There will be 60 young people between 15 and 30 years of age, including one leader per group, 18+ and with no age limit, coming from 3 countries.

The project covers main activities: preparation, youth exchange in Germany, evaluation and dissemination. PREPARATION FOR YE Basic elements of the preparation activities will be the preparation of already selected participants (preliminary list), arrangements for hosting and learning and dealing with logistics matters. Such international preparatory activities, as communication among partner organizations, discussion of the map of duties and agreements assigning responsibilities, providing informational materials and etc. will be made through on-line interaction (skype meetings and emails). However, preparatory meetings with participants on the project presentation, gender balance and safety rules and etc. will be held locally at partner institutions. Some preparatory tasks related to national cultural parties will be completed through team working and some tasks related to reading improvement of language and topic related skills will require individual preparation. Preparatory activities will involve all partners from all countries and will be made locally at their venues during planned dates. Age of participants can be from 15 to 30 years old. Group leaders MUST be 18+.



## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
Germany	Germany	2000 - 2999 km	15	23.00
Lithuania	Germany	500-1999 km	15	275.00
Romania	Turkey	500-1999 km	10	275.00
Turkey	Turkey	500-1999 km	10	360.00

Participants will be reimbursed for their travel expenses after they have submitted their tickets and boarding cards. The travel expenses, including flights and other modes of transport, will be compensated up to **100% based** on the actual expenses incurred and the distance from their location of residence to the project location in **Regensburg**. The distance calculator supported by the European Commission will be used to calculate these distances. The reimbursement will not be sent directly to each participant but to their respective organization, which will then distribute the money to the participants. In case of any delay in receiving the funds from the European Commission, **participants should be prepared to receive their reimbursement via bank transfer, which may take up to 10 months.**

### Days allowed to stay in Germany:

If you would like to take some extra time to explore **Germany**, you are welcome to do so. However, please note that you are only allowed to arrive a maximum of 2 days before the Youth Exchange or stay for a maximum of 2 days after it ends. In total, you can only have up to 4 days that are not part of the official program. If you decide to extend your stay beyond 4 days, you will need to cover the cost of travel yourself. The funding provided is only for the program, so any additional travel expenses must be of equal or lesser cost than those on the program days. During your extra days, you will need to find your own accommodation and cover all other expenses except for flights on different days, which we will reimburse.



## THE VENUE



**Note:** Organisers will not provide accommodation for any additional stay in Germany. If participants plan to arrive a few days earlier or depart a few days later, they are kindly requested to inform us and we will be glad to offer assistance with booking a hotel



## **ACCOMMODATION PLACE**

# **Herder Cultural Center**

**13:15 check in time**

**Photos and videos about our accommodation place and workshop place;**

<https://www.gruppenhaus.de/herder-kulturzentrum-pielenhofen-hs11116.html>

**Rooms:** Participants will be sharing rooms with either 3 or 6 people. The accommodation will provide bed linen and towels. The hotel also has a main activity room and Wi-Fi internet connection is available. Participants will be provided with three meals a day, which will be served. It is highly recommended that any special dietary requirements be communicated to the organizers beforehand.

**Every day, one of the participating countries will be responsible for preparing breakfast and cleaning the dishes.**

## **HOW TO REACH THE HOTEL**



13:07



## Reiseplan



Fr. 26.05.2023

München Flughafen Terminal - Regensburg Hbf



Dauer: 1:26 | 0 Umst.

ab 45,00 €

11:16	<b>München Flughafen Terminal</b>	<b>Gl. 1</b>
	RE 22 → Regensburg Hbf	∨
12:42	<b>Regensburg Hbf</b>	<b>Gl. 8 A-C</b>

Fahrradmitnahme begrenzt möglich

Echtzeitdaten von 13:06 Uhr

Zur Angebotsauswahl



Rückfahrt hinzufügen

13:08



## Reiseplan



Fr. 26.05.2023

Nürnberg Flughafen - Regensburg Hbf



Dauer: 2:08 | 1 Umst.

ab 45,00 €  
Teilstreckenpreis



Zur Angebotsauswahl



Rückfahrt hinzufügen

**More discussions can be done in Facebook group.**



## WHAT TO BRING



As there will be an international evening, we kindly request that you bring something traditional, famous, or delicious from your country to share with others. This can be any type of food or drink that you would like to represent your country with.

## HEALTH INSURANCE

The organizers will not provide health insurance and will not cover the costs of private health care in Germany. It is highly recommended that all participants purchase private travel insurance to cover any potential health expenses during the project. The cost of private health care in Germany can be quite high for those who do not have insurance, so it is important to be prepared.



To participate in the youth exchange, each participating country is required to:

- Bring all necessary travel documents and print them out, as printing facilities may not be available on site.
- Prepare a presentation about their sending organization, highlighting previous initiatives they have participated in and the non-formal learning methods used.



-Collect interesting videos, games, exercises, and educational activities on diversity to share with the group.

-Prepare energizers for morning activities.

-Plan and prepare for their country's cultural evening, with creative and fun activities such as video presentations, dances, songs, games, quizzes, posters, flyers, etc. Participants should also bring national drinks, dishes, or snacks to share and prepare a mini language course for the group.

-Check the weather forecast before arrival and bring appropriate clothing, including items suitable for strenuous activities such as dancing.

**It is recommended to bring laptops, digital cameras, smartphones, and tablets whenever possible as there will be multimedia work that requires mobile equipment.**



**Hope you all have a safe and enjoyable trip!!!**

**SEE YOU ALL IN REGENSBURG, GERMANY**