



# Save future



## Youth Exchange Reykjavik, Iceland

**PLACE AND DATE:** 17-26 November, REYKJAVIK ICELAND

**PARTICIPANTS:** 45 people (14 + 1group leaders from each country)

**COUNTRY:** Germany, Iceland and Turkey.

**LANGUAGE:** The working language will be English.



## Summary



This situation puts both.

A Youth Exchange is set to take place in Reykjavík, Iceland, involving 45 young individuals from 3 different countries. Over the span of 10 days, these participants will immerse themselves in discussions and activities centered around global warming, climate change, and environmental pollution. Utilizing non-formal educational methods, the aim is to heighten awareness about pressing environmental concerns and foster the exchange of insights and experiences on potential remedies within their respective communities and nations. This initiative also seeks to enhance their skills, competencies, and civic responsibilities concerning waste management. Through this project, participants will gain insights into the myriad forms of waste, methods of recycling, reduction, and reuse. They will also delve into legal regulations and norms that differ across countries, as well as explore how various nations are combatting global warming and pollution. A critical aspect of the discussions will revolve around collective efforts to safeguard and cleanse our shared planet. The project aspires to rekindle interest among young people and the broader populace in issues that might have previously lacked their attention.

The overarching objective of the project is to expand the participants' comprehension of waste diversity and the corresponding treatment and recycling techniques. This newfound knowledge is intended to galvanize them into action against the human-induced pollution that fuels global warming.

To accomplish this, several sub-objectives have been delineated:

1. Raise awareness and facilitate the exchange of best practices, expertise, and civic engagement in safeguarding the environment.
2. Foster awareness and knowledge sharing regarding eco-friendly behaviors among youth from diverse countries.
3. Heighten the younger generation's sensitivity to the pollution of air, water, and soil.
4. Instill an understanding of the value of voluntary contributions through eco-focused actions benefiting society.
5. Encourage intercultural dialogue and tolerance among youth from varied backgrounds.

The program will encompass diverse activities such as discussions, eco-centric workshops, games, and tasks centered on environmental topics. Additionally, participants will nurture their creativity by collaboratively creating "artistic" pieces using innovative recycling techniques.

# ACTIVITIES AND METHODS



## Working Methods

During the exchange program, our primary objective is to cultivate a welcoming and informal setting that encourages participants to learn and freely exchange their experiences. We place a strong emphasis on fostering a positive ambiance, where attendees not only engage during formal sessions but also share and interact during their leisure time. This approach is intended to empower participants to take ownership of their learning journey and to nurture the development of their ideas, ultimately enhancing their skill set for future endeavors. We firmly believe that the subject of the environment and sustainable development holds great interest and excitement for young individuals.

The activities we have designed are firmly rooted in non-formal education principles and are centered around active involvement, collaborative teamwork, igniting creativity, and acquiring new knowledge and competencies. Throughout the program, we will employ a variety of non-formal learning methods and engaging activities. These include ice-breaking games to foster connections, name games for familiarity, and team-building exercises aimed at building camaraderie among participants. The objective is to establish an environment where participants feel comfortable to share and collaborate, thus facilitating a productive and enriching learning experience.



## Who can participate in the youth exchange?

The project involves a diverse group of 45 young participants hailing from three countries, encompassing a wide array of cultural, religious, and social backgrounds. This rich diversity contributes significantly to the multicultural essence of the project. The project team has defined a participant profile, taking into account the following criteria:

Key criteria:

- Age range: 15 to 30 years
- Gender: A balanced representation of both genders (boys/girls)

Additional considerations:

- Educational level: The majority of participants are expected to be in the later stages of high school, university undergraduate or master's programs. Some might have already completed their studies.
- Employment status: While most participants might not be engaged in full-time employment due to their ongoing studies, a portion might have some involvement in the job market, such as part-time or freelance work. Additionally, the participant pool may include individuals facing barriers to employment or education, falling under the NEET category (Not in Education, Employment, or Training).

## TRAVEL COSTS

According to new Erasmus Plus rules, the reimbursement of travel costs will be calculated used a specific program called Distance Calculator:

Country of Origin	Country of Destination	Distance Band	No. of Participants	Travel Grant per Participant
GERMANY	ICELAND	200-2999 km	15	360.00
TURKEY	ICELAND	4000-7999 km	15	820.00

**AFTER SENDING** their tickets and boarding cards, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project (**ICELAND**). These distances must be



calculated using the distance calculator supported by the European Commission. We don't send money to each participant. We send only money to sender organization and sender organization will pay to participants. **It may be that money from European Commission will be late; in that case, as mentioned, you will get your reimbursement after the course by bank transfer. TRAVEL COSTS PAYMENT CAN TAKE UP TO 6 MONTHS. (BE READY FOR THAT).**

**Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.**

*Please note any extra days you wish to stay will be your own responsibility and your food etc.*

Visa costs will be covered by participants.

### THE VENUE



Reykjavík is the [capital](#) and largest city of [Iceland](#). It is located in southwestern Iceland, on the southern shore of Faxaflói bay. Its latitude is 64°08' N, making it the [world's northernmost capital](#) of a sovereign state. With a population of around 131,136 (and 233,034 in the [Capital Region](#)), it is the centre of Iceland's [cultural, economic, and governmental](#) activity, and is a popular tourist destination.

<https://en.wikipedia.org/wiki/Reykjav%C3%ADk>

**Note:** Organisers will not provide accommodation for any additional stay in ICELAND.  
**Participants can arrive 2 days earlier before + stay 2 days extra after the project!**



ACCOMMODATION PLACE  
**SALALAUG (SUNDLAUGIN VERSÖLUM!**

<https://www.kopavogur.is/is/ibuar/ithrottir-utivist/sundlaugar-i-kopavogi/sundlaugin-versalir-salalaug>







**Rooms:** Participants will be accommodated in sport area. Bed linen and towels will be NOT provided. The main activity room is located at the same place. Wi-Fi internet connection is available.

**Organisers will buy products for food but participants by each nation will prepare breakfast, lunch and dinner. Each national team will clean the dishes, too.**

We strongly recommend each participant to inform the organizers about any special dietary needs in advance.

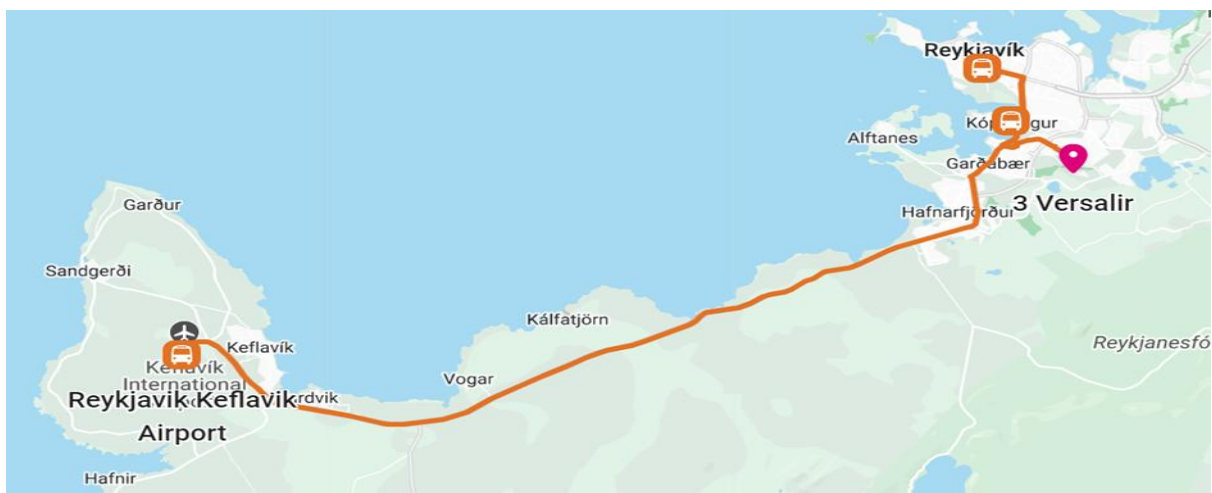
### HOW TO REACH THE HOTEL

You can fly to Reykjavik Keflavik Nas Airport (KEF), Iceland.

When you come to Reykjavik Keflavik Nas Airport (KEF), Iceland, you can take bus to Reykjavik Bus Central Station and then walk to our venue.

For more details, please check the web age;

<https://www.re.is/>







## WHAT TO BRING



Since there is going to be an international evening, we will ask you to bring something traditional, famous or delicious from home - that you would like to represent your country with, and share with the others, it can be any kinds of food, drink...

## HEALTH INSURANCE

Health insurance is not provided and will not be reimbursed by the organisers. All participants are strongly advised to purchase private travel insurance, as costs of private health care in Turkey are quite high if you don't have.



The organizers will not provide the participants with any kind of insurance! Therefore, we strongly recommend every participant to acquire travel insurance at their own expense for the whole duration of the course. Also, please have a valid EU healthcare insurance card (if applicable).



Each of the participating countries should;

- ✓ Bring all your **travel documents** as presented above. **Print out all your documents even if they are online. We don't have printing opportunities.**
- ✓ Prepare a **presentation about the sending organization** (initiatives they have previously participated in, non-formal learning methods used, etc.). We want to get to know each other, to find out how people work with youth in other countries, and maybe to cooperate in the future.
- ✓ Find **interesting videos / games / exercises / educational activities on diversity.**
- ✓ Prepare **energisers** that could be done in the morning.
- ✓ Prepare for your **country's cultural evening**. Please, try to be fun and creative for this! :) No one likes regular .ppt presentations! Any kind of activities are welcome (e.g. video presentations, dances, songs, games, quizzes, posters, flyers etc.). Don't forget to **bring your national drinks, dishes or snacks** to share with others
- ✓ check the weather forecast before arrival and **bring adequate clothes**. Please also **bring clothing and shoes that can be used for strenuous activities** (such as dancing).
- ✓ **Bring nice dresses for Oscar Nights, Eurovision song contest!!!**

Whenever possible, bring your laptops, digital cameras, smart phones and tablets – we will be doing some multimedia work that requires mobile equipment!

#### CONTACTS!

If you have any questions, please contact us via email



**SEE YOU ALL IN ICELAND**